



Classes

Creative Movement (ages 3-6): This 45 minute class is created for the young dancer who has a natural love of music and movement. They will learn the basics of ballet as well as explore through imagination.

Tu-Tu Dance (ages 2-3): This 30 minute class will expose your child to movement and play.

Beginner Ballet (ages 5-6+): Your child will love learning to dance to their favorite classical tunes. During this 1-hour class they will strengthen their gross motor skills, increase flexibility and sharpen their listening skills!

Level 1 Ballet (ages 6-8+): This class is for the child that wants to learn the fundamentals of ballet. Basic positions and movements will be covered. 1 hour.

Level 2 Ballet (Ages 8+): Designed for the child who has completed beginner ballet and Ballet 1.

Ballet/Tap Combo (ages 3-6): This 60 minute class is for the child who likes variety. Class will include the fundamentals of Ballet/Tap and keep your children on their toes! AM class designed for ages (4-5+). PM class designed for ages (6-8+)

Jazz: Covers the technique of Bob Fosse, Gus Giordano and Luigi. We will dance to today's rockin' tunes!

Dance/Gym: This 45 minute class will keep your child movin' and groovin' and is designed for the sports enthusiast! Your child will be introduced to basic tumbling skills and introductory dance skills. Your child will increase their flexibility, strengthen their core muscles and learn body awareness.

Jazz/Tap: This combo class is for the child who likes a little spice. This class is divided into 2 parts: 30 minutes jazz dance, 30 minutes tap dance. Introductory jazz and tap skills will be taught and reinforced through games and choreographed routines.

Kid Fit: This is a high-energy endurance class designed to raise your heart rate and sprits while you sweat to the latest and greatest music. Games will be introduced.

Triple Threat (ages 4-5+): This 60 minute class is designed to teach all forms of dance.

Dress Code

Chiffon ballet skirt is permitted to class. No tutus please. Please refrain from wearing overly ornamented leotards. Be sure to label ALL dancewear with your child's name.

Hair must be pulled off the face and shoulders. Ponytail and buns are appropriate hairstyles for class.



All classes taught by Professional Dance

Instructor:

Emily L. Cohen, B.F.A., Dance & Elementary Education from University of Miami and New World School of Performing Arts in Miami, Florida; 20 years dance experience; Alvin Ailey American Dance and Ballet Long Island.



Class Registration Form

cohen@stepbystepdanceacademy.com

PARENT/LEGAL GUARDIAN INFORMATION:

Parent's last name: _____ First name: _____

Primary phone: _____ Alternate phone: _____

Mailing address: _____

City/state/zip: _____

Email: _____

Emergency Contact & phone: _____

SCHOOL INFORMATION:

Student name: _____ Sex: M F DOB: __/__/__

Class(es): _____

Preferred Date/time(s): _____

Any limitations we should know about? _____

ASSUMPTION OF RISK * WAIVER OF LIABILITY * MEDICAL AUTHORIZATION

I recognize that severe injuries, including permanent paralysis or death can occur in sports or activities involving height or motion. Being fully aware of these dangers, I hereby give consent for my child(ren) to participate in all and activities and I ACCEPT ALL RISKS associated with this participation.

In consideration for my or my child(ren)'s participation I hereby, for myself and my child(ren) and our respective heirs and successors, COVENANT NOT TO SUE and FOREVER RELEASE "Step by Step" employees and instructors from all liability resulting in damages or injuries incurred as a result of participation including those resulting from acts of negligence.

In any event of an accident or emergency I hereby authorize my child to be transported to a hospital for medical treatment and I hold "Step by Step" and its representatives harmless in the execution of such.

I have read and understand this ASSUMPTION OF RISK and WAIVER OF LIABILITY and MEDICAL AUTHORIZATION and I VOLUNTARILY affix my name in agreement.

Please Print Student Name (s) _____

Print Parent/ Legal Guardian _____

Parent/Legal Guardian's signature _____ Date _____